Education

University of Illinois – Urbana/Champaign, IL M.F.A. Dance - Choreography 2008-2011 Columbia College Chicago - Chicago, IL B.A. Dance - Choreography 1998-2001

Selected Exhibitions, Performances & Productions

The Anger Project: Haas's Story, Selected for The Nogales Pride Film Festival, Nogales, AZ

2024

Movement n' Play, an interactive movement performance, Sponsored by the Autism Society of Southern Arizona, Tucson, AZ The Anger Project: Haas's Story, Selected for Gravitational Lensing: A Feminist Film Dialogue Series, Oakland, CA The Anger Project, a multi-media performance event, Produced at CATALYST Creative Collective, Tucson, AZ

in a room, a 6-part video series, Produced in Ash Fork, AZ & Taos, NM

2018

Dving 2 Wake Up, a collaborative performance event, Presented at Arcosanti, Mayer, AZ & Coconino Center for the Arts, Flagstaff, AZ Wake - Phase 2, a movement exploration, Presented at Tempe Center for the Arts, Phoenix, AZ & Clifford White Theater, Flagstaff, AZ

disturbances, a performance event, Produced at Flagstaff Arts and Leadership Academy, Flagstaff, AZ

The Silence of Sound: Collaborative Performance Investigation No. 2, Produced at Café Passe, Tucson, AZ

The Silence of Sound: Collaborative Performance Investigation No. 1, Produced at Shot in the Dark Café, Tucson, AZ

2011-2014

Art/Work Traveling Performance Experiment, Living, traveling, curating and performing from a tiny mobile house/stage, Produced at Urbana Pride Festival, Urbana, IL; Austin Peay State University, Clarksville, TN; Wynne Home Art Center, Huntsville, TX; Boneyard Arts Festival, Champaign, IL; City Of Urbana, Urbana, IL; Manifest Urban Arts Festival, Chicago, IL; Lake Aqhaubi State Park, Indianola, Iowa; Artprize Art Festival, Grand Rapids, MI; Shared Space Art Studio, Pentwater, MI; Public library, Clinton, Iowa; Sunflower River I.C., Albuquerque, NM; Private Family Performance, Marana, AZ

2013

strings: phase 1, a long distance movement and sound collaboration, Produced at Red Door Gallery, Ludington, MI

Movement/Music Improvisation, a collaborative art investigation, Performed at Redolencia Café, Ludington MI Movement/Vocal Improvisation, a collaborative art investigation, Performed at Friday Night Live, Champaign, IL

[], a performance event, Produced at Krannert Center for the Performing Arts, Urbana, IL

2011

Wake, a movement exploration, Presented at American College Dance Festival Association, Wichita, KS

2010

Wake, a movement exploration, Presented at Krannert Center for Performing Arts, Urbana, IL

Fire & Ice—An Annual Gala, a movement exploration, Performed at 40 North/88 West at M2, Champaign, IL

Women's Work, a collaborative movement exploration, Produced at Graduate Dance Space, Urbana, IL

Actually, Adieu My Love, Performer for film, Premiered at Toronto Film Festival, Golden Ace Award winner at the Las Vegas Film Festival Raw, an interactive performance installation, Produced at Natural History Building, Champaign, IL

Imprint, a movement exploration, Presented at Krannert Museum, Urbana, IL

All The Little Pieces & 10:10, movement & film explorations, Presented at Krannert Center Dance Space, Urbana, IL

Wood Work, a movement and landscape architecture collaboration, Presented at Meadowbrook Park, Urbana, IL

Untitled, a collaborative movement exploration, Presented at Boneyard Arts Festival, Skins N' Tins Drum Shop, Urbana, IL

Untitled, a sound and movement collaboration, Presented at Strawberry Fields, Urbana, IL

Impromptu Improvisation, a collaborative movement exploration, Presented at Illini Union, Urbana, IL

Eve-To-Eve, an interactive performance art installation, Presented at Temple Buelle Hall, Urbana, IL

Slit: an evening of performance + poetry. Co-produced at Around the Covote Gallery. Chicago, IL

Smartmouth, a movement exploration, Presented at HotHouse, Chicago, IL

SoloHomo, a movement exploration, Presented at Live Bait Theater, Chicago, IL

Heroine/Herstory, a multi-media performance event, Co-produced at Links Hall, Chicago, IL

2004-2005

Member of Breakbone Dance Company, Columbia College Chicago & Hamlin Park, Chicago, IL

Still Breathing, a performance event; Produced at Links Hall, Chicago, IL

The Riddle, a performance event; Produced at Links Hall, Chicago, IL

4 Doors, a performance event, Produced at Duncan YMCA, Chicago, IL

2002

Without Description, a performance event, Produced at Links Hall, Chicago, IL

Queen Bee, a 24-hour performance art installation, Produced at Heaven Gallery, Chicago, IL

Member of Hedwig Dances, Chicago Cultural Center, Chicago, IL

Teaching & Facilitation Experience

2024

Movement n' Play: a series of workshops, September-November, Sponsored by the Autism Society of Southern Arizona, Tucson, AZ *The Anger Project*, a workshop series, month of March, CATALYST Creative Collective, Tucson, AZ

2023

The Anger Project, an online workshop, Presented by The Center for Black, Brown, and Queer Studies during The Annual Pedagogy Conference 2022-2023

Dance instructor for kids and adults with a wide range of abilities and disabilities, Arts For All, Tucson, AZ

2022

The Anger Project, an online workshop series, May-Sept. & Oct.-Dec.

2015-2021

Founder & Director of Rosie's Ranch, an off-grid artist residency and retreat, Ash, Fork, AZ

2018-2020

Instigator & Co-founder of Northern Arizona Contact Improvisation Lab, Flagstaff Arts & Leadership Academy, Flagstaff Arizona

Guest Speaker for Sustainable Communities Class, Northern Arizona University, Flagstaff, AZ

2016

Guest Speaker for One World Health Organization, Dowagiac, MI

2013

Guest Speaker for Independent Scholars, Moline, IL

2012-2013

Co-founder of Performance Art Collective (PAC), Ludington Arts Center, Ludington, MI

2011

Resident Artist (taught workshops, gave lecturers, choreographed works for students), Austin Peay State University, Clarksville, TN 2009-2011

Dance Educator for Contact Improvisation & Dance 100 classes, University of Illinois Urbana/Champaign, Urbana/Champaign, IL

2006

Dance Facilitator for a series of improvisation workshops, Links Hall, Chicago, IL

2004-2006

Dance Teacher for drama classes at Healy School, Columbia College Office of Community Arts, Chicago, IL

2002-2003

Dance Instructor for ballet classes, Christine Belpedio's School of Dance, Chicago, IL

Awards, Residencies, Grants & Fellowships

2026

Arizona Commission on the Arts, Opportunity Grant

Artist in Residence at Ragdale; Lake Forest, IL

2025

The Puffin Foundation Artist Grant

Arts Foundation of Tucson and Southern Arizona ARPA Artist Grant

2024

Idyllwild Arts Writers Fellowship Award, Honorable Mention

CATALYST Artist-in-Residence (month of March), Tucson, AZ

Arizona Commission on the Arts, Opportunity Grant

The Arts Foundation for Tucson and Southern Arizona, New Works Grant

The Arts Foundation for Tucson and Southern Arizona, stART Grant (declined)

2023

Arizona Commission on the Arts, Opportunity Grant

2022

Arizona Commission on the Arts, Research & Development Grant

Rancho Linda Vista Art Residency (2021-2022), Oracle, AZ

2020

Arizona Commission on the Arts, Opportunity Grant

2018

Arizona Commission on the Arts, Professional Development Grant

2017

Artist in Residence (fall season), Flagstaff Arts & Leadership academy, Flagstaff, AZ

Rosie's Ranch Writing Residency (2016-2017), Ash Fork, AZ

2013

Shared Space Art Residency, Pentwater, MI

2011

Roy Acuff Chair of Excellence, Austin Peay State University

Moe Family Dance Award, UIUC

Creative and Performing Art Fellowship (2010-2011), UIUC

2010

Verdell Frazier Young Award, UIUC

2009

Creative and Performing Art Fellowship, UIUC

Featured Studio Artist in Urbana/Champaign News-Gazette, IL

Graduate Student Above and Beyond Award, UIUC

Creative and Performing Art Fellowship 2008-2009, UIUC

2007

Community Arts Assistance Program Grant, Chicago, IL

2005

Judith Dawn Memorial Grant, Gurnee, IL

Chicago Reader Critic's Choice, Chicago IL

2004

Doghaven Center Residency, Three Oaks, MI

Community Arts Assistance Program Grant, Chicago, IL

LinkUp Residency at Links Hall 2003-20024, Chicago, IL

2003

Broadcast on Channel 23 by New Chinese Media, Chicago, IL

Chicago Reader Critic's Choice, Chicago, IL

Community Arts Assistance Program Grant, Chicago, IL

Publications

Collection of poetry, Self-published, (August 2013 & July 2011)

Short story, published by Off the Rocks (August 2010)

Poetry, published by JAW (August 2007)

Poetry, published by Sapphic Voices (June 2007)

Poetry, published by Swell (April 2007)

Dance reviews, published by Sunnyside Magazine (2003-2005)

Selected Press

The Show (Culture Cap segment), KJZZ 91.5 FM, Featured Guest for live interview, Arizona (2025)

Tucson Weekly, Tucson, AZ (2024)

Phoenix New Times, Phoenix, AZ (2018)

The Vashon Loop, Vashon Island, WA (2013)

Ludington Daily News, Ludington, MI (2013)

New Mexico Daily Lobo, Albuquerque, NM (2013)

The News Gazette, Champaign, IL (2012)

Examiner, Grand, Rapids, MI (2012)

The News Gazette, Champaign, IL (2011)

APSA News, Clarksville, TN (2011)

The News Gazette, Champaign, IL (2009)

Chicago Reader, Chicago, IL (2005)

Chicago Tribune, Chicago, IL (2003)

Chicago Reader, Chicago, IL (2003)

New Chinese Media, Channel 23, Featured Guest for live interview, Chicago, IL (2003)